

Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 6 (July 5 — July 8)

IMPORTANT REMINDERS:

- Our camp rules are "Be safe. Be respectful. Be responsible."
- Pack a sack lunch for your child.
 Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper's name.
- Do not hesitate to ask when you have questions or comments.



BATTLE OF THE SEXES WEEK

Throughout the week campers will do a variety of activities that promote healthy and fun competition. Some of these will activities will be small tournaments of recreation games like pool, air hockey, ping pong, and foosball. A couple of the other activities will a junk box wars challenge and a leader dress up competition.

THIS WEEK'S HIGHLIGHTS

Monday

No camp today

Happy Independence Day!

Tuesday

Tennis and Swimming Day!

In the morning campers will do tennis and then go swimming from 11:30-1:00 (remember your swimming gear). In the afternoon campers will play disc golf and do an individual craft.

Wednesday

Theme activity and Archery Day!

In the morning campers will be doing a junk box wars challenge. In the afternoon we will do disc golf and a remake of Who's Line is it Anyway?

Thursday

Swimming and Tournament Day!

In the morning campers will start out by having a leader dress up competition, and afterwards they will go swimming from 11:30-1:00. In the afternoon campers will be participating in a variety of tournaments.

Friday

Hollywood Bowl Field Trip!

In the morning campers will watch our movie for the week, and play our camper choice game of the week. In the afternoon campers will be going bowling at Hollywood Bowl. We will be leaving our center at 1:30pm and be returning at 3:30pm.

Fitness Focus: Cardiovascular Endurance

EMAIL NEWS

Don't miss a newsletter and have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.